

Vigilance and Reassurance

Cumbria Constabulary is committed to working and supporting all of our local communities.

We want everyone to live and enjoy their lives free from the fear of crime, being harassed, bullied or abused.

You may have concerns following recent events, however Cumbria Police can assure you that hate crime, islamaphobia and racial harassment will not be tolerated.

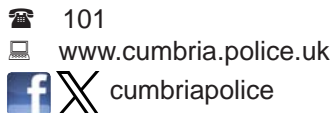
We have high profile patrols at prime locations throughout the area and continue to work with community and faith leaders.

Practical Advice:

- Be vigilant
- Report all harassment, whether it is verbal, physical or psychological, to the police. Should you be a victim of such an incident, where possible retain any offensive literature, mobile phone messages or objects used in any such attack
- Report suspicious vehicles or people to the Police
- Liaise with the police, and get advice on how to best tackle the problem of harassment
- Do not open suspicious packages
- Check your CCTV is working
- Review your security arrangements regularly



Social Justice • Equality • Enterprise



Please provide information to the Police of any activities which give you cause for concern.

Key Police contact details:

- Report any suspicious activity to Police on 101
- You can report a crime online at: <https://www.cumbria.police.uk/reportit>
- In an emergency, or if a crime is in progress call Police on 999

You can also contact:

- **AWAZ Cumbria (independent organisation CALL/TEXT/WhatsApp on 07791 601640 or email information@awaz.info)**
- Crimestoppers anonymously on 0800 555 111
- Anti-terrorist Hotline: 0800 789 321



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